**Response to COVID 19 Return to Play Protocol**

**Restrictions**

NO Physical Contact. This includes:

* Drills that include players or coaches within 10ft. of each other
* No handshakes, high fives, knuckles, etc.
* No more than 25 participants on a field including players & staff
* All participants (players & staff) must maintain a distance of 10ft. during any of the drills/exercises
* No use of pinnies/vests
* Each player must provide their own ball and water refreshments

**Activities Permitted**

* Individual trainings and technical activities only
* Individual competitions of skills

**Activities NOT Permitted**

* Any drill or exercise that would involve participants getting closer than 10 ft. apart, or physical contact
* Activities that may create an opportunity for participants to come in contact with another players’ equipment. Including heading drills, throw-ins, etc.
* No games, scrimmages, or tournaments.

**IF YOU ARE ILL OR DON’T FEEL WELL – STAY HOME**

**IF YOU ARE NOT COMFORTABLE RETURNING TO PLAY – DON’T**

**EXPECTATIONS**

* Parents, Spectators, Family members must maintain social distance rules as defined by the CDC when on campus.
* Parents should ensure all of their players equipment is sanitized before and after every training session
* Parents should notify Coach Mulligan immediately if their child becomes ill for any reason.
* Each participant will be assigned an individual “station” to place their equipment bag, water, ball, etc.
* No one is permitted to share any equipment.
* Disinfectant wipes & Hand sanitizer is recommended (NOT provided)
* Respect for each individual’s health choices’ is a top priority. Participants are permitted to wear face masks or any other accommodations
* All Staff will be trained on the Return to Play Protocol. In addition, only staff members will be permitted to pick up cones, discs, and training equipment.

Blue & White Soccer remains committed to the safety of all players and staff. It is imperative that everyone understand their role now more than ever as we all adhere to the guidelines put in place by our governing leaders. The intention is to provide the safest environment possible to get back on the field and enjoy the activities that bring us all the most joy. If there is any hesitation in returning to play – “DON’T” – *Just because you can doesn’t mean that you must.*